

Breakfast in a Mug

Recipe Courtesy of Lisa R. at food.com
Photos of recipe available at www.food.com/recipe/breakfast-in-a-mug-63860

Ingredients:



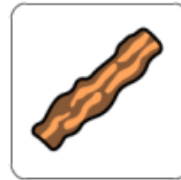
1 Tbsp butter



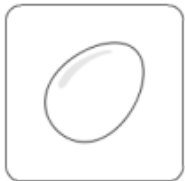
Sprinkle of salt and pepper



1 Tbsp milk (can substitute water)



1 slice of cooked bacon (optional)



1 egg



Shredded cheese (optional)

Supplies Needed:



Microwave-safe mug



Microwave



2 forks

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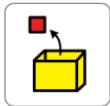
Instructions:



1. Add butter to the mug. Microwave 30 seconds until melted.



Ask for help if needed with the microwave.



2. Remove the mug from the microwave. Crack the egg into the



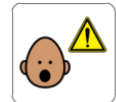
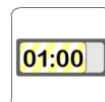
mug. Throw away the eggshell.



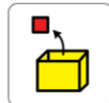
3. Add the milk and a sprinkle of salt and pepper to the mug.



4. Scramble the contents of the mug with a fork.



5. Cook the eggs in the microwave for 1 minute. Be careful.



Wait a minute before removing the mug. The egg may "pop."



6. Fluff the eggs with a new fork. Microwave again for a minute.

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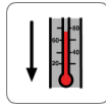
Instructions (Continued):



7. Wait one minute and remove the mug from the microwave.



8. Crumble the bacon and sprinkle cheese on top of the eggs.



9. Allow your breakfast to cool. Enjoy!